



Registrations are now open!

Online registrations are now open for the 2019-2020 season. Head to your Little Athletics Centre's website to register. All athletes can compete twice before they are required to register but must be registered by their third event.

Little Athletics Tasmania is please to advise that Timing Solutions are now providing our online registration service. The new system allows families to sign up using their email addresses as usernames and setting their own passwords. The system is very user friendly, but if you do need some help, please contact us at the Office at office@taslittleathletics.com.au or on 1300 888 713.

Season 2019-2020

Centre Listing

Click on the link below to direct to your Centres registration portal.

[Burnie Little Athletics Centre](#)

[Kingborough Little Athletics Centre](#)

[Circular Head Little Athletics Centre](#)

[Launceston Little Athletics Centre](#)

[Claremont Little Athletics Centre](#)

[Longford Districts Little Athletics Centre](#)

[Clarence Little Athletics Centre](#)

[North East Little Athletics Centre](#)

[Deloraine Little Athletics Centre](#)

[North Launceston-White City Little Athletics Centre](#)

[Devonport Little Athletics Centre](#)

[Queenborough Little Athletics Centre](#)

[East Derwent Little Athletics Centre](#)

[South East Districts Little Athletics Centre](#)

[Glamorgan-Spring Bay Little Athletics Centre](#)

[South Launceston Little Athletics Centre](#)

[Hobart Districts Little Athletics Centre](#)

[St Helens Little Athletics Centre](#)

[Huon Valley Little Athletics Centre](#)

From the President - Brett Johnstone



I welcome everyone to the 2019-2020 season of Little Athletics.

We have had a very busy 'off season' at Little Athletics Tasmania with hosting the 2019 Australian Little Athletics Championships in Hobart. The Tasmanian State Team enjoyed the opportunity to compete on the home stage and exceeded all expectations in winning both the Dick Healy Trophy for small States and the Alan Triscott Trophy, which is awarded to the highest point scoring State based on membership handicap.

We have been fortunate to retain our valued sponsors, McDonald's, RACT, JustWaste, Nordic Sport and Accolades & Awards. In 2019-2020 we also welcome a new sponsor, Bendigo Bank, who will be the sponsor for our Little Athletics Program for Schools (LAPS). Bendigo Bank have been great supporters of junior sport in Tasmania, sponsoring both Centres and individual athletes and we believe our partnership in delivering the LAPS program will be a success.

Little Athletics Tasmania recently saw the departure of long term Board member Garry House. Garry has served on the Board for over 25 years in the roles of President and Finance Director. Garry's commitment to Little Athletics saw him receive a Little Athletics Australia Award of Merit in addition to his Life Membership with Little Athletics Tasmania and the Kingborough Little Athletics Centre. I would like to take this opportunity to thank Garry for his many years of dedicated service.

There has been a number of changes on Centre Committee's this season. While it's always sad to see familiar faces leave, it's great to see many new people stepping up and nominating for vacant positions. On behalf of LATas I would like to thank all outgoing Committee members for their service and congratulate those who have taken on positions.

State Championships will see a new system for qualifying in 2020. The system of ranking athletes based on their two best results is designed to maximise fields in all event. Further details about the new qualifying system can be found in this newsletter.

Planning for the 2020 International Children's Games, to be held in Kecskemet, Hungary, is continuing. Several new athletes have joined the team, but some spots are still available. If you are interested in learning more please contact me at president@taslittleathletics.com.au or on 0408 127 386.

I'd like to thank my fellow Board members and Centre Committees who have been working across the winter break planning the new season. While competition stops in March, our volunteers often work throughout the year preparing for the new season ahead.

Best of luck to all for the season ahead.

Brett Johnstone

president@taslittleathletics.com.au





Bendigo Bank



Little Athletics Tasmania is delighted to welcome Bendigo Bank as a major sponsor for the 2019-2020 season.

Bendigo Bank are the proud partner for the Little Athletics Program for Schools (LAPS) which delivers free programs for over 5000 Tasmanian students each year in Schools state wide.

Bendigo Bank is Australia’s 5th largest retail bank, offering a full range of innovative and competitive banking products, many of which are discounted to give locals the best possible deal on their banking needs.

When you choose to bank with Bendigo Bank, you create positive change. Your banking helps fund thousands of vital projects in communities across Australia, including the LAPS program.

If your bank isn’t doing the right thing by you, change to one you can feel better about.

Drop into your local branch by 31/12/2019 to find out more or call Jordan Lovell on 0418 908 074.



2019-2020 Board of Management

Little Athletics Tasmania welcome Ferdie Kroon and Paul Mommers to the Board of Management for the 2019-2020 season.

Ferdie joins us in the role of Finance Director, having previously filled the position of Technical Director. Like Ferdie, Paul Mommers is no stranger to Little Athletics. Paul has been involved with the Huon Valley Centre for 15 years, and has volunteered coaching the State team and at the U12-U13 Camp. Paul has commenced in the role of Development Director.

President	Brett Johnstone	president@taslittleathletics.com.au
Finance Director	Ferdie Kroon	finance@taslittleathletics.com.au
Competition Director	Brett Gillow	competition@taslittleathletics.com.au
Technical Director	Stephen Ahern	technical@taslittleathletics.com.au
Education Director	Kaelene Crossingham	education@taslittleathletics.com.au
Development Director	Paul Mommers	development@taslittleathletics.com.au

Event Technical Changes 2019—2020 Season

The following rules and specification changes will come into effect in the 2019-2020 season;

Event Specification Changes: The following events have been modified at a National level:

- **Under 11** – currently 60m Hurdles, will be **80m Hurdles**
- **Under 12** – currently 60m Hurdles, will be **80m Hurdles**

The height will remain the same as the previous 60m events, however the number of hurdle flights and placement of hurdles will be as per other 80m Hurdle events.

If you have any queries regarding the above changes please contact the Little Athletics Tasmania office on 1300 888 713

State Relay Championships Changes

Commencing in 2020, a Field Relay will be included into the program for the State Relay Championships for U8 - U15 athletes. Entries for all events will be processed through your Little Athletics Centre.

4 x 100m Relay	U8 - U15
4 x 200m Relay	U8 - U15
Swedish Relay	U9 - U15
Field Event Relay	U8 - U15

Under 6, 7 and 8 athletes will be offered a long jump event while the 4 x 200m Relays are being conducted.

Under 6 and 7 athletes will be offered an invitational relay.

2019-2020



2019 - 2020 Little Athletics Tasmania Competition Dates

Saturday Northern Centre Challenge	2nd November 2019 Penguin
Sunday Southern Centre Challenge	3rd November 2019 Hobart
Saturday Southern All State	30th November 2019 Hobart
Saturday Northern All State	14th December 2019 Launceston
Saturday (U13-15) Sunday (U9-15) State Multi Event Championships	18th January 2020 19th January 2020 Hobart
Sunday State Relay Championships	9th February 2020 Hobart
Saturday - Sunday State Individual Championships	7th-8th March 2020 Launceston



The Coaching Camp will be held at Camp Banksia, Port Sorell
from the 5 - 9 January 2020

The Camp is available for athletes born between 1st October 2007 - 31st December 2008.

All registered athletes born in the above range are welcome to attend, regardless of ability.
Maximum number of participants is 80, made up of 40 girls-40 boys, allocated on a first in basis.

A bus will be provided to transport children to and from Camp. (Hobart via Perth).

Applications will close on the 7th November 2019 or when sold out.

Full payment required by this date to confirm the camp booking.

Click [HERE](#) to register for the 2020

For further information contact the Little Athletics Tasmania Office at office@taslittleathletics.com.au

Coaching Courses

Little Athletics Tasmania are pleased to announce a unique opportunity for Little Athletic parents to upskill and become an Athletic coach for their club/centre. We have received funding through the Volunteer Grants Program that enables us to offer 15 places in each of the up-coming **Athletics Australia Level 1 Community Coaching Course and Level 2 Club Coach Course** at a discounted rate of **\$50 per person (regular price is \$220 per person)**.

Level 1 – Launceston 19th October 2019 – 15 places

Level 1 – Hobart 20th October 2019 – 15 places

Level 2 – Launceston 16th & 17th November 2019 – 15 places

Level 2 – Launceston 7th & 8th December 2019 – 15 places

Level 1 Course:

The level 1 Community Athletics Coach focuses on developing the coach's human management skills and understanding of physical literacy and how it can be improved based on the "teaching of Games for understanding model"

This course instructs coaches how to understand this model, especially its athlete centred pedagogy, and introduces the most critical components of developing physical literacy in beginning athletes to prepare them for future Track and field success, which must be understood before event specific coaching can be developed.

Level 2 Course:

"The level 2 Intermediate Club Coach Course is the next progression from Level 1 and further develops the coaches understanding of how to coach fundamental skills and move toward event specific skills and drills. This level teaches coaches the basic technical models of the Track and field events held at the club and school level competitions. Additional topics include, training principles, components of fitness and the preparation and evaluation of training sessions suitable for the intermediate level athletes."

Priority will be given to those centres that currently have no coaches or limited coach access. If we receive enough interest we are hoping to offer more coaching opportunities later in the season.

Expectations if selected:

If selected your future responsibilities will be to provide coaching assistance and support where ever possible to your centre and Little Athletics Tasmania coaching clinics in the future. You will also need to maintain your accreditation with an annual fee of \$88 which goes to Athletics Australia commencing in 2020.

Expression of interest: Due by October 9th 2019

Please click [HERE](#) to register your interest for the above Coaching Courses

For any further information please contact the Education Director Kaelene Crossingham on 0419 555 615 or email education@taslittleathletics.com.au

STATE CHAMPS

QUALIFYING CHANGES

QUALIFYING CONDITIONS FOR PARTICIPATION IN THE 2020 LATAS STATE INDIVIDUAL CHAMPIONSHIPS ARE:

ENTRY PROCEDURE FOR EVENTS

- Athletes to enter their nomination for desired events online by 12 noon on Monday 10th February 2020.
- Athletes that hold two qualifiers in an event will be required to pay at the time of entry.
- Athletes entering an event without 2 qualifiers will be notified by the 14th February 2020 if they have been successful. If successful, these event entry fees must be finalised to their Centre by Friday 24th February 2020.
- Centre's to be invoiced and final payment received by LATAs by 6th March 2020.

EVENT RANKINGS

Ranking of athletes in Under 8 – Under 13's to be based on the following methodology;

- Entered athletes with 2 event qualifiers will gain automatic entry to that event.
- Average of an athletes 2 Personal best performances for the season.

Event	Recommended number of athletes	Event	Recommended number of athletes
70m	24	Long Jump	12
100m	24	Triple Jump	12
200m	24	High Jump	12
400m	16	Shot Put	12
800m	16	Discus	12
1500m	16	Turbo Jav/Javelin	12
Hurdles 60m-100m	24	Walks	16
Hurdles 200m-300m	24		



NOMINATIONS



State Team Nominations

Online nominations are now open for the 2020 State Teams for the Australian Little Athletics Championships to be held in Canberra from the 25th - 26th April 2019.

Additional information including selection criteria can be found [HERE](#)

Click the links below to nominate.

[2020 U13 State Team](#) - [2020 U15 Multi-Event Team](#)

International Children's Games

The International Children's Games (ICG) is the largest multi-sport youth games in the world and recognised and sanctioned by the International Olympic Committee. The 2020 Games are being held in Kecskemét, Hungary and Little Athletics Tasmania is very pleased to advise that we will be sending a Launceston City Team, and a Hobart City Team to the games.

Nominations are sought from registered athletes born between *1st January 2005 and 31st December 2006*

[Click HERE to nominate for the International Children's Games](#)

If you require any further information please contact Little Athletics President Brett Johnstone on 0408 127 386 or email president@taslittleathletics.com.au

Officials Courses

Online Officials Courses

Athletics Australia offer online officials courses for all track and field events. These courses take around an hour to complete and can be carried out at a time to suit you and in the convenience of your own home.

The Level 0 (Introduction) & Level 1 accreditation can be completed fully online by going to athletics.com.au/Officials/Education

For further information on this course or details on how you can become an accredited official, contact the Little Athletics Tasmania office on 1300 888 713 or at office@taslittleathletics.com.au

New Website

Little Athletics Tasmania have a new website for the new season.

The website is a great resource for information for families and Centres.

Check out the new Centre Pages with information about our 19 Centres state wide PLUS we have introduced a LIVE calendar for each Centres events throughout the season.

www.taslittleathletics.com.au

The screenshot shows the website's navigation bar with the Little Athletics Tasmania logo and menu items: Latest News, Get Involved, About Us, Events, Education & Training, and Publications. The main content area features a large banner for 'TICKET TO PLAY' with a photo of athletes. A green call-to-action box asks 'Do you have a Ticket to Play voucher?'. To the right, a red 'coles RESOURCES' box contains 'REGISTER NOW' and 'RESULT HQ' buttons. A footer row includes links for 'FREE Coaching Clinics', 'International Children's Games', 'Do you have a Ticket to Play voucher?', 'Para Classification Day', and 'Come & Try Little Athletics'.