## Event Information

## State Individual Championships 2021

| State Conducted Meet | State Individual Championships |
| :---: | :---: |
| Date | Saturday $6^{\text {th }}$ March and Sunday $7^{\text {th }}$ March 2021 |
| Venue | Domain Athletics Centre, Hobart |
| Start Time | Saturday: 7:30am Gates open - equipment and all sites to be ready by 8.30am |
|  | 8:30am Chief Officials and Team Managers meeting at Admin |
|  | 8:45am First Event Marshalling |
|  | 9:00am First Event Commencement |
|  | Sunday: 8:15am First Event Marshalling |
|  | 8:30am First Event Commencement |
| Issued By | LATas President: Brett Johnstone |
|  | Phone: 0408127386 Email: president@taslittleathletics.com.au |


|  | List of Events |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Event | $\mathbf{6}$ | $\mathbf{7}$ | $\mathbf{8}$ | $\mathbf{9}$ | $\mathbf{1 0}$ | $\mathbf{1 1}$ | $\mathbf{1 2}$ | $\mathbf{1 3}$ | $\mathbf{1 4}$ | $\mathbf{1 5}$ |
| 70m |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |  |  |  |  |
| 100m |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| 200m |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |
| 400m |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |
| 800m |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |
| 1500m |  |  |  |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Race Walks |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |
| Hurdles (60m-100m) |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| 200m/300m Hurdles |  |  |  |  |  |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Shot Put |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |
| Discus |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |
| Turbo Jav / Javelin |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Long Jump |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
| Triple Jump |  |  |  |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |
| High Jump |  | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |  |

## Rules of Competition

Except where explicitly stated otherwise in this document, the LATas Rules of Competition, LATas By-Laws and LATas Guidelines for Officials will apply. An extract from our Rules of Competition is located on Page 17 of your Information Manual and the full version is available on our website.

## Uniform

All athletes must wear their Club uniform for competition and must display the current season name badge (which hash Coles and State logo) on the front with 25 event badge on the back (unless exemption has been granted). Tights must be the same colour as Club uniform shorts, plain in colour and must be above the knees. Logos must conform to LATas specifications. The badge placement guide is on Page 8 of your Information Manual.

## Spikes

All athletes/parents should familiarise themselves with the spike rules for their age group. Spike rules are covered on Page 17 of your Information Manual (point 5).

Under 13 to Under 15 athletes may use spikes in all track events (apart from Walks), Long Jump, Triple Jump, High Jump and Javelin.

Under 11 and Under 12 athletes may use spikes in Track events conducted entirely in lanes (400m or less), Long Jump, Triple Jump, High Jump or Javelin.

Under 8 to Under 10 athletes are not permitted to wear spikes.
For safety, spikes should not be worn around the venue or when walking to/from events unless protected by a suitable cover.

Athletes using spikes in fully laned events ( 400 m or less) are required to use starting blocks.

## Event Sheets

These will be pre-printed, based on the entries received. No athletes are permitted to enter on the day. Any athletes not listed on event sheets should be directed to Admin.

Recorders at field sites are requested to carry across the best performance, but not to allocate placings. Chief Officials should check the carry across before the event sheet is returned to Admin.

## Marshalling Areas

A site map showing marshalling areas for each event has been posted on the LATas website and will be announced when the event is called.

## Timing/Judging

Photo finish will be in operation for the timing and judging of races.

## Throws implements

LATas will provide all throwing implements. These have bee checked to ensure they are all within specifications. Athletes are not permitted to provide their own implements.

## Progression to Finals from Heats

In Track events with 2 heats, the first 3 athletes from each heat will progress to the final along with the next 2 fastest times.

In Track events with 3 heats, the first 2 athletes from each heat will progress to the final along with the next 2 fastest times.

In the event that there is a tie in determining the next fastest times, both athletes will progress to the final if there are additional lanes available ( 100 m or shorter). If additional lanes are not available ( 200 m and longer) then the athlete that finished in a higher place in their heat will progress. If both athletes finished in the same position in their heat, then the final position will be determined randomly (eg flip of a coin).

## Heat allocation and lane draws for heats

Athletes were ranked by their Personal Best times as received from Centre results. For events with 2 heats, the top two ranked athletes were placed randomly in opposite heats, this process was repeated for $3^{\text {rd }} / 4^{\text {th }}$ ranked athletes. $5^{\text {th }} / 6^{\text {th }}$ ranked athletes and so on. For events with 3 heats, the process was the same except athletes were grouped into threes (ie $1^{\text {st/ }} / 2^{\text {nd }} / 3^{\text {rd }}$ ranked athletes into separate heats at random, $4^{\text {th }} / 5^{\text {th }} / 6^{\text {th }}$ into separate heats etc).

Lane draws for heats were randomly drawn.

## Lane Draws for Finals (400m or less)

For events where heats are held, the 4 fastest athletes that qualify for the final will be randomly assigned to the middle lanes and the other 4 athletes will be randomly assigned to the outside lanes.

For events where heats were not required, the 4 fastest athletes (based on results received from Centres) have been allocated randomly to the middle lanes and the remaining athletes allocated randomly to the outside lanes.

For events with 8 or less competitors, the middle lanes are lanes $3,4,5$ and 6 .
For events with 9 or 10 competitors, the middle lanes are lanes $4,5,6$ and 7 .

## Starting positions for $800 \mathrm{~m} / 1500 /$ Walks

Starting positions for these events were allocated randomly. The "Lane" indicated next to the athlete indicates their starting position on the track.

For 1500 m and Race Walks, athletes will line up on the start line with "Lane 1 " on the inside, then "Lane 2", "Lane 3" and so on. Where races contain more than 1 age group/gender, they will line up alternately - eg Girl 1, Boy1, Girl 2, Boy 2 etc.

For 800m, athletes drawn in Lanes 1 to 8 will start in those lanes and will start on the inside half of those lanes if sharing a lane with another athlete. Athletes drawn in lanes 9 to 16 will start in the outside half of the lane that is 8 less than their Lane draw number (ie Lane 9 starts in the outside half of lane 1, Lane 10 starts in the outside half of Lane 2 etc).

## Field Event Order

Athletes have been listed to compete in Field Events in the reverse order of their Personal Best results (as received from Centres). The one exception to this is Triple Jump where athletes are listed in order according to the takeoff mark nominated (eg $5 \mathrm{~m} / 7 \mathrm{~m} / 9 \mathrm{~m}$ ).

## Under 13 Field Events - $4^{\text {th }}$ Trial

At the completion of the $3^{\text {rd }}$ round of all Under 13 Field Events (with the exception of High Jump), the top 8 athletes will be entitled to a $4^{\text {th }}$ trial. The Chief Official will work out the top 8 and get a Field Referee to verify. The $4^{\text {th }}$ round will then be conducted based on the placings at the end of the 3 rd round with $8^{\text {th }}$ going first, then $7^{\text {th }}$ and so on.

If there are 8 or less athletes in an Under 13 Field Event, then all athletes will be entitled to a $4^{\text {th }}$ trial (even if they have 3 fouls).

## Smoking Policy

Centres are reminded that the designated smoking area for the Domain Athletics Centre is in the car park outside the entry gate to the venue. All parents should be reminded that smoking inside the competition arena is prohibited by Law.

## Shoes (Officials)

Unless approved by the site Chief Official, spikers, sector judges and retrievers for all throwing events should wear enclosed shoes. All other officials should wear appropriate footwear unless given an exemption by the Competition Manager of the day.

## Toilets

Centres are reminded that toilets and change room areas are not play areas. Any athletes found in these areas acting in an inappropriate manner may face disciplinary action. It is recommended that young children are accompanied when utilising the toilet area.

## Protests

Notice of Protest shall in the first instant be made verbally to the announcer. The written application must then be presented within 15 minutes of the posting or announcing of the result at the completion of the event. This application must be signed by a responsible Centre Official and must be accompanied by a $\$ 50.00$ fee. Each protest must include the name of the event upon which the protest is lodged and indicate the names of all involved in the incident. The relevant rule under which the protest is to be investigated must be stated. This should then be referred to the protest committee chairperson who will decide if a formal protest committee will be called to deal with the protest. The fee may be forfeited if the protest is dismissed.

## General Behaviour Reminder

Everyone is reminded that Little Athletics is for the children and is run by volunteers. If you have any concerns with an official or with results, please come and see us in Admin, do not start yelling things out in the arena. The Little Athletics Tasmania Code of Behaviour is located on Page 20 of your Information Manual and I would urge all attendees to read over this. We are all human and we all make mistakes so please understand this. Also remember that this is Little Athletics, not the Olympics.

## All the best to all athletes and thank you to everyone assisting over the weekend.

