



# 2024 Coles Australian Little Athletics Championships (ALAC)

Adelaide 2024



**Under 15 Combined Event  
State Team Information Book**

# U15 Combined Event Information

Season 2023 - 2024

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One of the greatest achievements of any child in any Sporting activity is to be selected for a State Team.

The LATas Board advise the following in relation to the 2024 Combined Event State Team.

## **NUMBER OF ATHLETES**

Where possible, a team of 1 boy and 1 girl will be selected from the U15 age group to participate in the 2024 Coles Australian Little Athletics Championships (ALAC) to be held in Adelaide on Friday 26<sup>th</sup> April -Sunday 28<sup>th</sup> April 2024.

## **ELIGIBILITY**

All Tasmanian Little Athletes registered in the U15 age group are eligible for selection, provided the following requirements are met:

- Athletes should demonstrate that their priorities and loyalties are with their Little Athletic Club and or Centre.
- It is recommended that Under 15 athletes should compete at two State Conducted Meetings throughout the season.
- Athletes should compete at the Combined Event Championships and should attend the State Individual Championships. Non-availability due to injury/sickness will be considered by the selection committee.
- All athletes who have nominated for selection in the Under 15 State team should be present at the State Individual Championships for the announcement of the team.

## **WITHDRAWAL of Nomination**

Athletes wishing to withdraw their nomination must do so by 12 noon on Friday 1<sup>st</sup> March 2024.

## **SELECTION**

### **(a) Performance Information**

Results of Athletes at senior level and/or school competition will not be taken into consideration.

### **(b) Number of Events**

At the Combined Event Championships, athletes will compete in the following events:

Boys - 100 metres, sprint hurdles, 800 metres, long jump, high jump, javelin, discus.

Girls - 200 metres, sprint hurdles, 800 metres, long jump, high jump, javelin, shot put.

### **(c) Standards**

Athletes **will not** be selected merely to make up the numbers.

**PLEASE NOTE:** *Gold medal winners are not automatically selected.*

### **(d) Co-Operation**

The athlete's attitude, behaviour and ability to co-operate with others will be taken into account by the Selectors.

**PLEASE NOTE:** *Failure to comply with these guidelines may lead to an athlete's expulsion from the team.*

### **TEAM ANNOUNCEMENT**

The State Team will be announced as soon as possible following the completion of competition at the State Individual Championships.

The State Team Selection Panel's decision on the Team Membership will be final and no correspondence will be entered into.

### **COMMITMENT**

As part of the Combined Event State Team, ALL athletes selected are required to show their COMMITMENT to Team functions and competition training.

### **OTHER SPORTING ACTIVITIES**

Full disclosure of all other sporting commitments between the date of selection and the departure date MUST be disclosed to the State Team Coaches.

### **TEAM LEVY**

The State Team levy for 2024 is \$80.00. This fee does not include uniform, which must be purchased separately.

This Levy is the sole responsibility of the parent, however assistance may be given by the athlete's Centre, Local Council or community.

**The payment is due in full no later than the 31<sup>st</sup> of March 2024.** If payment is not made in full and no acceptable arrangements made, the athlete may be withdrawn from the team.

Please contact the Little Athletics Tasmania Office if this is an issue for you.

***PLEASE NOTE: no parent or Centre is to approach a National or State Sponsor requesting assistance for athletes to attend the ALACs.***

### **TEAM TRAINING**

All Team Training sessions are under the direction of the State Team Head Coach.

Athletes are required to attend ALL training sessions, unless prior permission is granted by one of the State Team Coaches.

Training normally commences during the second week after State Championships and continues to the weekend prior to departure of the State Team.

### **COACHING**

Personal Coaches may be used at State Team training sessions. The State Team Coaches may request assistance from some of the personal Coaches to help in the training of all members of the State Team.

During ALAC, athletes will only be permitted to receive coaching advice from Team Management. Coaching areas will be inside the field of play, close to the event.

### **TEAM OFFICIALS**

In addition to the team personnel for the U13 Team, a Team Manager for the U14 Team and a Team Manager for the U15 Team will be selected by the LATas Board from Nominations received. All Team Officials are totally accountable to the LATas Board for their actions and must have a current Working with Children Check.

It is the Team Officials responsibility to ensure the total well-being of the Team Members during competition.

### **TEAM MEMBER REPLACEMENT**

The Board's decision on team replacement is final.

Team members may be replaced in the Team following a recommendation from Team Officials to the LATas Board.

Such items that may require a Team member replacement or expulsion include:

- Injury
- Athletes' behavior
- Parental interference
- Failure to attend training sessions
- Failure to compete in designated events
- Non-payment of team levy

The welfare of the State Team as a unit is the prime concern in any decisions made.

### **TEAM OFFICIAL CONTROL**

Team Officials are responsible for all training, team social involvement and all other relevant matters associated with the Team, following selection until their return from the Coles Australian Little Athletic Championships.

### **TEAM TRAVEL & ACCOMMODATION**

Selected athletes are responsible for arranging their own airfares, accommodation, transport, and meals whilst in Adelaide.

### **TASMANIAN STATE TEAM MEMBER COMMITMENTS**

Athletes selected for Tasmania **must be** prepared to:

- Be a part of a **team** and follow any instructions given by Team Management.
- Be always punctual.
- Attend each day listed in the itinerary.

Parents of selected athletes **must be** prepared to:

- Pay the team levy.
- Make selected athletes available to attend every activity as listed in the itinerary unless prior approval by the State Team Head Coach.
- Entrust the care and responsibility of your child to the team management at all team activities as advised by team management and especially at the Coles Australian Little Athletic Championships as required.

Completion of Medical Form

- Upon selection, all athletes must have a form signed by a parent/ guardian giving permission for LATas to obtain full medical details.



## 2024 Coles Australian Little Athletics Championships Under 15 Combined Event Team

### Availability Form

Athlete Name \_\_\_\_\_

Centre \_\_\_\_\_

I/We(parent/guardian) \_\_\_\_\_

Certify that \_\_\_\_\_

is available for selection for the 2024 State Team, to compete in the Coles Australian Little Athletics Championships to be held in Adelaide on 26<sup>th</sup> April – 28<sup>th</sup> April 2024.

I/we commit to ensuring that my child will be present at the State Individual Championships for the announcement of the team. I will advise the selection committee if my child is unavailable due to injury/sickness.

I / We agree to abide by all conditions as set out in the 2024 State Team Information Book and to make full payment of fees by the 31<sup>st</sup> of March 2024.

Address \_\_\_\_\_

Home Phone \_\_\_\_\_ Mobile \_\_\_\_\_

Email Address \_\_\_\_\_

Signed: \_\_\_\_\_ Parent / Guardian signature

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Please return no later than Sunday 3<sup>rd</sup> March 2024 to:

Little Athletics Tasmania  
PO Box 812  
Moonah TAS 7009

Enquiries: 1300 888 713  
Email: office@taslittleathletics.com.au