2025

NEW ZEALAND DEVELOPMENT TOUR

HASTINGS NEW ZEALAND

8th – 15th JANUARY 2025

GENERAL INFORMATION

The 2025 New Zealand Development Tour is an exciting opportunity for athletes from Little Athletics Tasmania (LATas) and Little Athletics Victoria (LAVic) in the Under 14 and Under 15 age groups. Selected athletes will spend 7 days touring with the LAVic team and will compete at the 2025 North Island "Colgate Games" in Hastings.

LAVic attended this event for the first time in January 2024 and overwhelmingly the athletes and their parents spoke very highly of the benefits of this tour, not only for athletic development, but also for the social and emotional development it provided to the athletes.

Athletes of all skill levels are encouraged to apply as this tour provides a development opportunity for all athletes, regardless of their skill level.

This year, LAVic will be joined by a small contingent (12 athletes and 2 Team Managers) from Little Athletics Tasmania (LATas) which will add to the experience and provide additional opportunities for new friendships.

This document provides you with details about the tour, from competition and training information to the team composition and the costs to attend.

If you wish to be considered for selection, simply complete the online nomination form below **before 11am on Monday 16nd September 2024**.

https://forms.office.com/r/Q36TsAkwnr

TEAM COMPOSITION

A team of up to 12 athletes will be selected for the tour. All athletes will need to be registered financial members with LATas for the 2024-25 season prior to departure.

Ideally, the 12 athletes will be spread evenly across the 2 age groups (U14 & U15) with 6 from each age group and an even split of 6 Boys and 6 Girls. Where insufficient nominations are received in any of the above age groups or genders, then additional positions may be made available in other age groups/genders.

The team will be accompanied by an experienced Management/Coaching Team of 2 LATas adults (minimum of 1 of each gender) who will be responsible for the Team for the duration of the trip.

Parents are welcome to attend the competition but will not travel or stay with the team.

Selection of the Team is at the discretion of LAVic, and all selection decisions are final. The following selection criteria will be used as a guide by LAVic when selecting the team:

Parents of **Multi-Class athletes** interested in attending, should contact Zane Patmore (<u>z.patmore@taslittleathletics.com.au</u>) prior to lodging an application to discuss the suitability of this trip for their child as the Colgate Games do offer Multi-Class events but with very limited events/attendance.

TOUR ITINERARY

The following is a basic itinerary for the tour. A more detailed day-to-day itinerary will be provided to athletes and parents once the team has been selected.

Wed 8 th January	Depart Hobart/Launceston for Hastings	
Thurs 9th January	Training and activities in Hastings	
Fri 10 th January	Competition – Day 1	
Sat 11 th January	Competition – Day 2	
Sun 12 th January	Competition – Day 3	
Mon 13 th January	Recovery and activities in Hastings	
Tues 14 th January	Activities in Hastings & Shopping	
Wed 15 th January	Return to Hobart/Launceston	

COMPETITION & TRAINING DETAILS

The Team will be competing in the North Island Colgate Games, which is run by Athletics New Zealand. These Games are the largest on the New Zealand Children's Athletics calendar with several hundred athletes competing. The competition will be held over three days in Hastings, from Friday 10th to Sunday 12th January 2025.

The competition is conducted under full World Athletics Rules, not Little Athletics modified Rules. A complete list of events and specifications is included further in this document.

As well as individual events, each age group can participate in two team relays – 4 x 100m (male and female) and a mixed gender Medley Relay (5 athletes - 100m, 100m, 200m, 400m, 800m). All athletes will be given an opportunity to compete in at least one relay event.

Athletes are expected to compete in all events they have been nominated for (maximum 5 individual events + 1 or 2 relays per athlete). When athletes are not competing, athletes will assist at times on the arena as volunteers where required.

The team will have a light training session on the Thursday before the competition and a recovery session on the Monday after competition. All athletes are expected to participate in these sessions.

COSTS

Final costs are yet to be finalised but will be made available when offers of places are sent to athletes. At this stage, the cost is **likely to be between \$4,000 and \$4,500 per athlete** which will cover the following:

- Return airfares from Hobart/Launceston to Napier^
- All ground transportation costs in New Zealand
- Travel Insurance
- 7 nights' Accommodation
- All meals for the duration of the trip
- Competition Fees
- Uniforms*
- Tours and other sightseeing activities

NOTES:

^ Airfares will be more expensive for this trip than the previous trip due to the addition of an extra flight from Wellington to Napier.

* Several uniform items will be the same as the ALAC Uniform so athletes that already have this uniform will be able to save in this area.

The only money that athletes would require is personal spending money (they may wish to purchase souvenirs, and we will take them shopping on the final day).

Applications close on Monday ^{16th} September (11:00am), and we will confirm the team by Tuesday 17th September. Once athletes have nominated in the team, they are required to pay a \$500 deposit to confirm their place. The balance of the tour cost will be payable by Friday 8th November.

Note that the tour will depart from and return to Hobart/Launceston airport and travel to and from Hobart/Launceston airports is the responsibility of the family and is not included in the cost of the tour.

PASSPORTS

All tour members are required to have a valid Australian passport with at least 6 months validity beyond the return date of the trip (i.e., not expiring before 15th July 2025). If you do not already have a passport, it is your responsibility to get one before departure. The costs of obtaining a passport are not included in the overall cost of the trip.

To apply for a passport, visit <u>www.passports.gov.au</u> or speak to your local Post Office. There can be lengthy delays in obtaining passports at times, so it is suggested that you start this process as soon as possible. It is worth noting that if you are applying for a new passport (not a renewal) then you will be required to provide an original birth certificate along with any supporting documents if you have changed your name at any stage.

If you have a passport that is another Nationality other than Australian, it is your responsibility to ensure that any Visa requirements are met and paid for prior to departure. If you are in this situation, please contact Brett Johnstone (brett.johnstone@lavic.com.au) to discuss.

COLGATE GAMES INFORMATION

Athletes may select up to five (5) individual events at the Colgate Games, which can be Track or Field or a combination of both. Once the final timetable is known, some changes may need to be made to athlete event selections to avoid clashes or overloading the athletes. Please note that the majority of track events have Heats and Finals (and in some instances Semi-Finals).

Athletics New Zealand use the term "Grade" when describing their age groups. "Grade 14" is the equivalent to our Under 15 age group and "Grade 13" is the equivalent of our Under 14 age group. Events available for each Age Group are as follows:

Event	Under 14 (born 2011)	Under 15 (born 2010)
100m	\checkmark	
200m		
400m		
800m		
1500m		
Hurdles	Girls 80m / Boys 80m	√ Girls 80m / Boys 100m
Race Walk	√ 1600m	√ 2000m
Long Jump	\checkmark	
High Jump		
Discus	Girls 1kg / Boys 1kg	√ Girls 1kg / Boys 1.25kg
Shot Put	Girls 3kg / Boys 4kg	√ Girls 3kg / Boys 5kg

QUESTIONS

If you have any questions about the Tour, please contact Jack Hale via email at j.hale@taslittleathletics.com.au

Further information about the Colgate Games can be found on the Athletics New Zealand website (<u>HERE</u>). This site will be updated as 2025 Games information becomes available.