

Hurdles

To be read in conjunction with other Track Officials information

Preparation

- Ensure there are enough hurdles for the competition and spaced correctly apart and are the correct height for the age group.
- Hurdles should always be set up to fall in the direction the athlete is running.
- The edge of the crossbar nearest the approaching athlete coincides with the track marking nearest the athlete.

Officials Required

- Along with Track Referee, Starter, Check Starter, Start Marshall, Finish Marshall.
- Officials are required to observe from side on to look for clearance infringements.
- Assistance is also required to stand up and reposition hurdles.

Prior to Event

- Track Referee should check the hurdle height and their position on the track before race commences.
- Athletes can practice over 1 or 2 hurdles. Never allow them to practice over the hurdles in reverse.



Disqualification

- Track Referee will give a disqualification if:
 - in the opinion of the track referee and athlete deliberately knocks a hurdle down
 - an athlete interferes with or impedes another athlete
 - an athlete goes under a hurdle
 - an athlete trails their foot or leg below the horizontal plane of the cross bar of the hurdle
 - an athlete goes over a hurdle not in their lane



Officials Information Sheet: Hurdles, Updated August 2024.

